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The concept of Rehabilitation in Denmark 2011

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Outline



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- **Short history of rehabilitation**
- **Koncept of rehabilitation and the use of ICF in Denmark**
- **Networking, Rehabilitation International**



A short history of the koncept of rehabilitation.



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The koncept and idea of rehabilitation arose right after World War 1. Following this war new ways of understanding and handelling disability and handicap arose.

Injured soldiers were not only amputated physically, but also i relation to personal and individual integrety and in their possibilities of social integration.

A new will was born, a will to re-assimilate.



Short history continued?



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- **No medical speciality in DK after 1970's**
- **Late 1980's into 1990's cross sectional and cross professional discussions, lack of cooperation, lack of coherence,**
- **Establishment of RI-Denmark 2001**
- **White-paper on rehabilitation 2004 – definition and recommendations (bottom up process userorg.+ professional groups)**
- **RI-Dk from concept to practical implementation 2010 (app. 140 participants from all sectors and groups)**
- **New book 2011 "Challenges to rehabilitation in Denmark 2011" November 9th 2011**
- **National guidelines with 4 ministries 2011**



Challenges in rehabilitation



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- **Increased number of elderly**
- **More people with Chronic diseases**
- **Expenses not controllable**
- **Treatment alone is not the answer to consequences of illness**

As the organisation for people with braininjuries express:

Lives saved must be lived!



Rehabilitation a Danish definition



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Rehabilitation is:

A **goal-oriented, cooperative** process involving **a member** of the public, his/her **relatives**, and **professionals** over a **certain period of time**. The aim of this process is to ensure that the person in question, **who has, or is at risk** of having, seriously diminished physical, mental and social functions, can **achieve independence and a meaningful life**. Rehabilitation takes account of the person's situation as a **whole** and the **decisions** he or she must make, and comprises **co-ordinated, coherent, and knowledge-based measures**.



What is our aim?



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Rehabilitation that is:

- **A targeted process of collaboration between a citizen, relatives and professionals**
- **based upon the everyday life and situation of the specific citizen**
- **a coordinated, coherent and knowledge based intervention**



Rehabilitation



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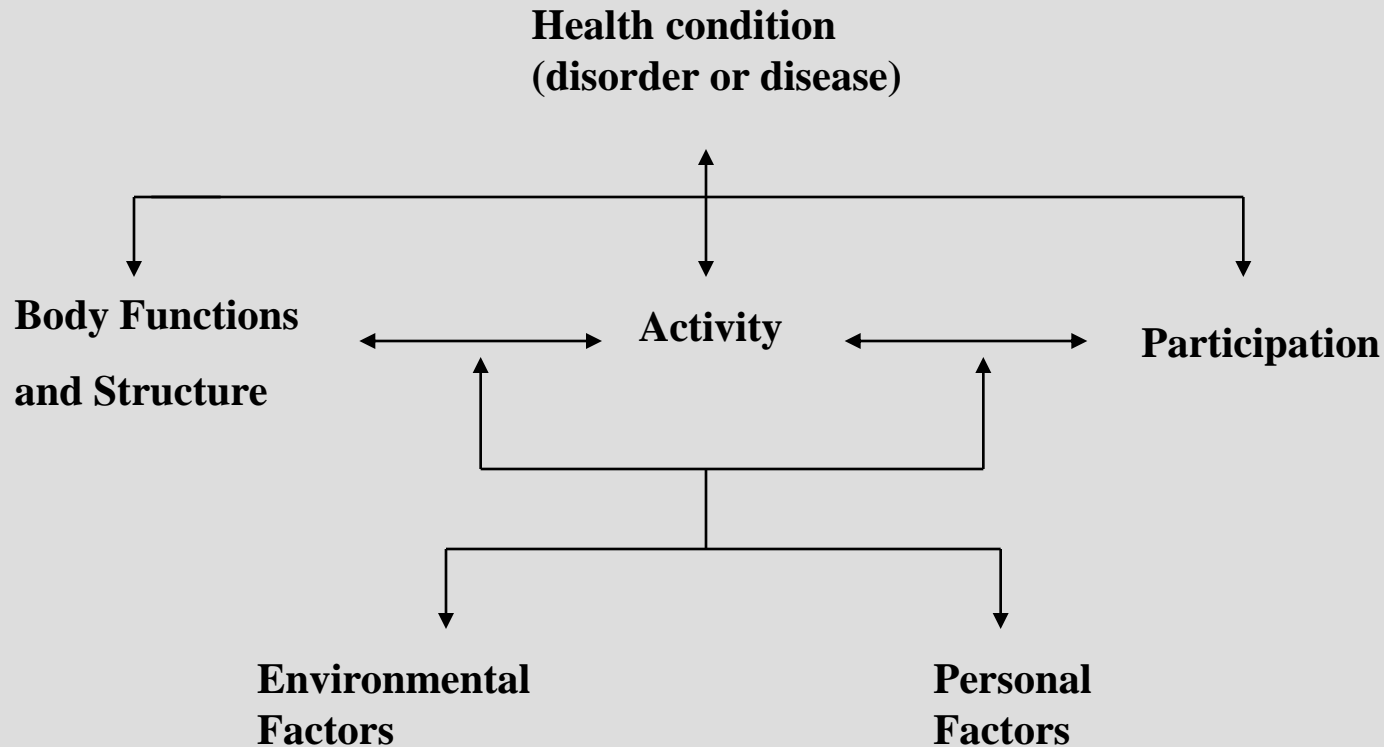
- **Rehabilitation is dedicated to optimizing patients functioning and health and to prevent or minimize disability**

Stucki G et.al. Disabil Rehabil 2002; 24(17):932ff, Walsh N, Arch Phys Med Rehabil; 85:1395ff





International Classification of Functioning...



Developing rehabilitation?



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- Programmes of processes for people with chronic illnesses – national guidelines
- Cooperation between sectors
- Legislation health, social services, labourmarket, education
- Scientific approach



Stakeholders in rehabilitation



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- Private organisations, ie. userorganisations, organisations for disabled
- Universities, professional colleges, educational centres
- National knowledge centres, centres of competence,
- Community and Regional centres for children, adults and elderly
- Labourmarket centres, schools, social services, public health services
- Local training units



Vision of RI-Denmark and MarselisborgCentre



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- **Better rehabilitation for all people with a disability in Denmark**



- **Foundation:**

- Break down traditional barriers in rehab – ie. between private and public organizations, hospital and local community etc.
- sharing knowledge and resources across the traditional frontiers



We need knowledge of:



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- **Illnesses in general – how are patients coping over time, having finished treatment? Which parts of their functional ability have been affected?**
- **Which aspects determine, whether you feel good or bad?**
- **Who has specific needs?**
- **What is the result of individual services that involve the person and his/her network?**

Thanks for listening



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