



GÖTEBORGS UNIVERSITET

Outcome measures for Participation and Quality of Life in post-polio research

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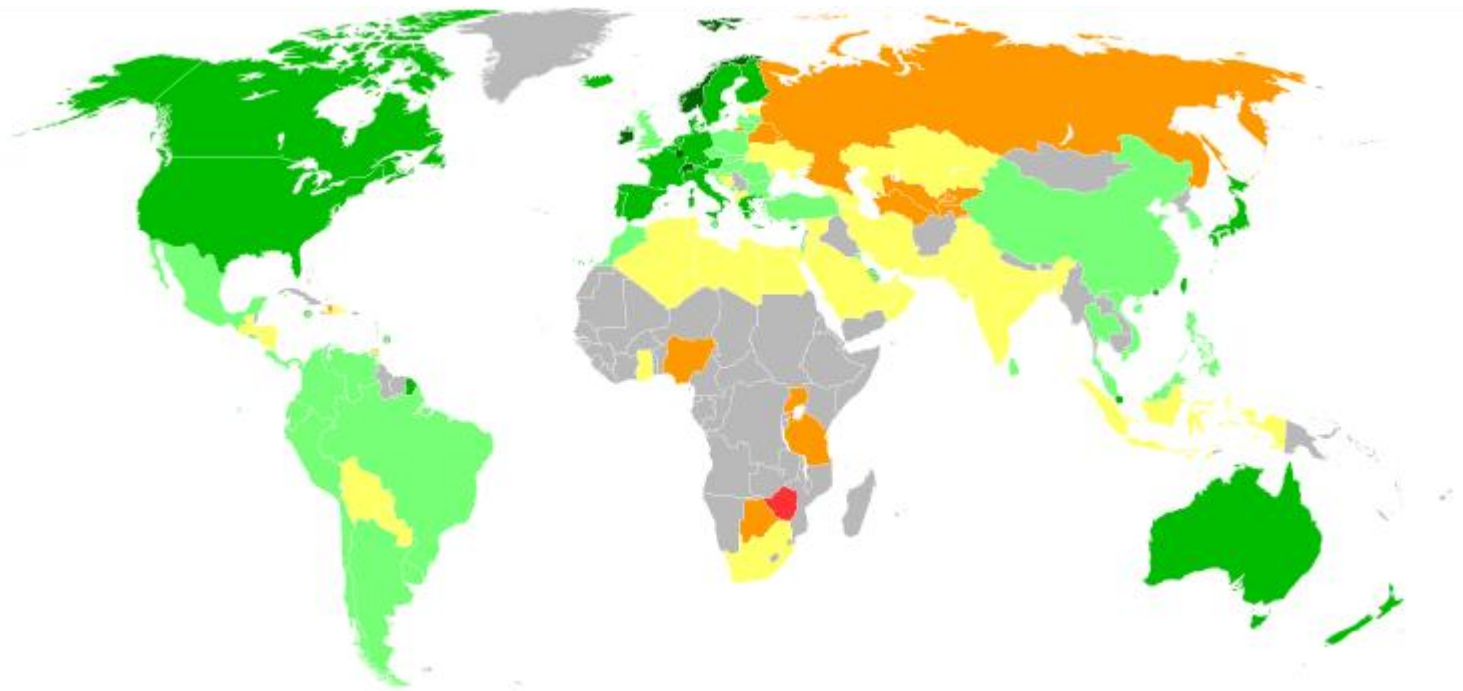
Sahlgrenska akademien

Quality of life

From Wikipedia, the free encyclopedia

The term *quality of life* is used to evaluate the general well-being of individuals and societies. The term is used in a wide range of contexts, including the fields of international development, healthcare, and politics





The Economist Intelligence Unit's quality-of-life index, 2005



8.000 - 8.999

7.201 - 7.999

6.000 - 7.200

5.000 - 5.999

4.000 - 4.999

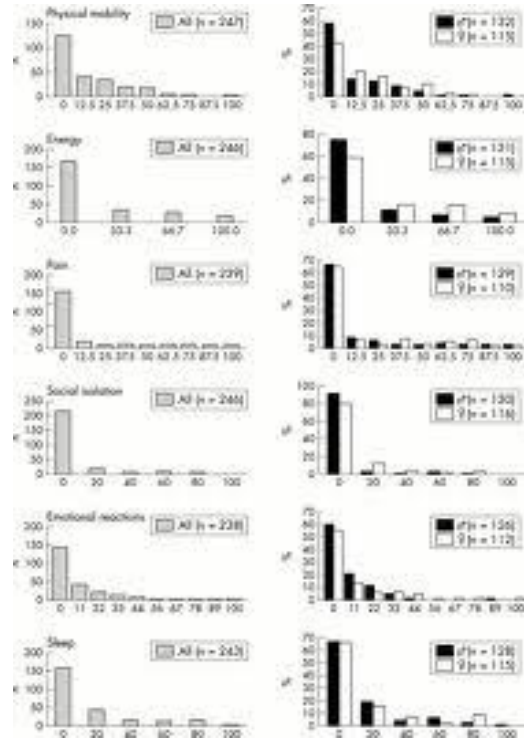
3.000 - 3.999

No Data

However, when the phrase is used in reference to medicine and healthcare as Health Related Quality of Life, it refers to how the individual's wellbeing may be impacted over time by a disease a disability, or a disorder



Generic instruments

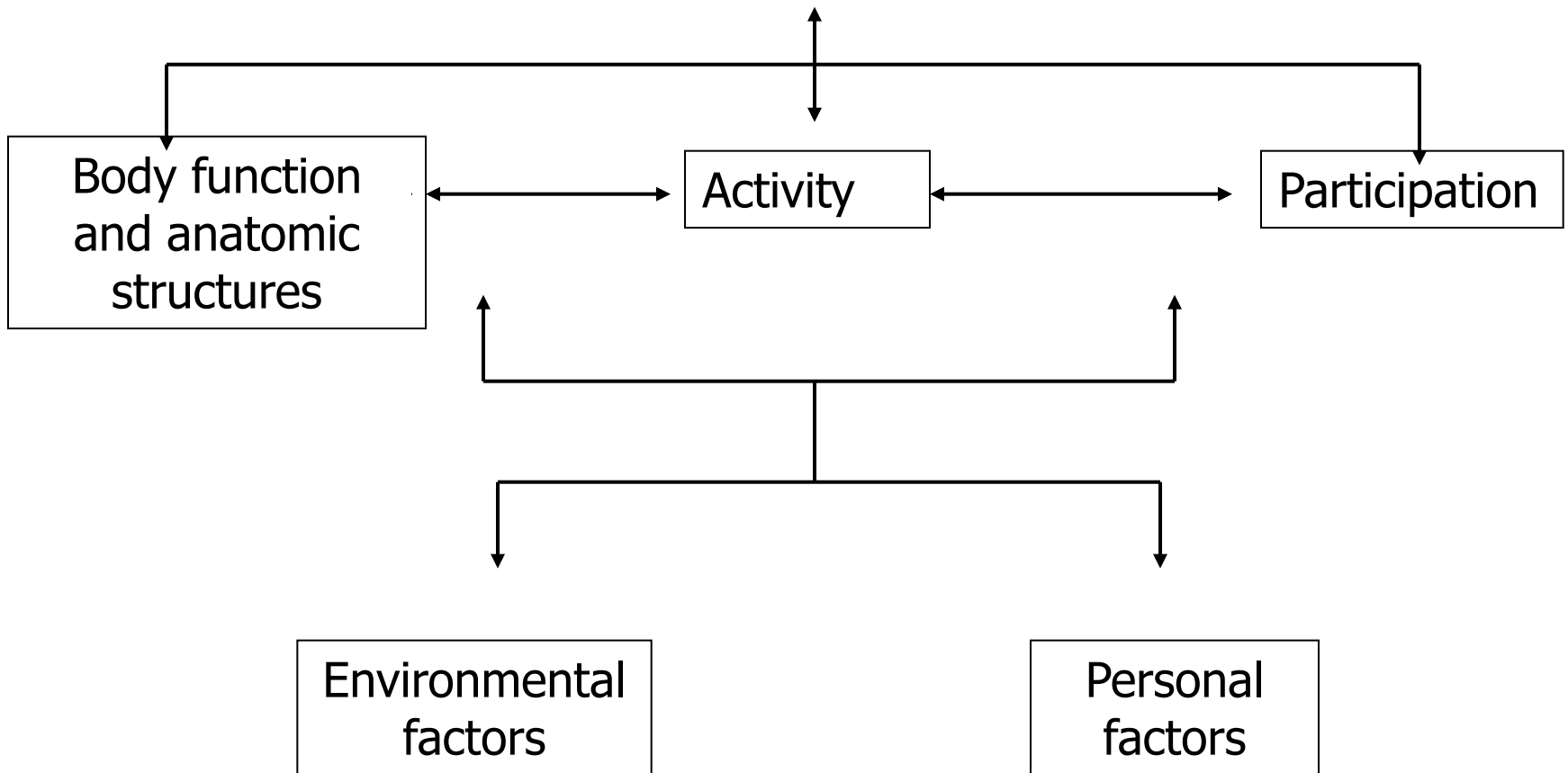


Nottingham Health Profile

Short Form 36

Disease specific instruments

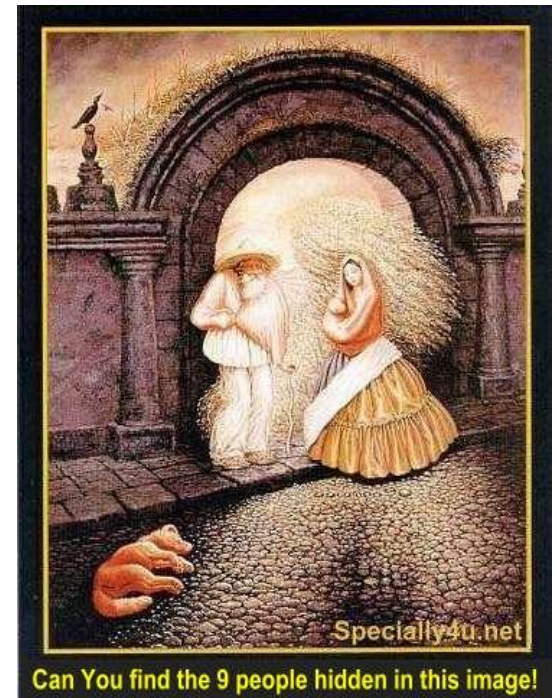
Health condition
(injury/disease)



Participation is a persons engagement in a life situation

Instrument reliability

biophysiological measures
self reported measures
observational measures



Ecological validity

Ecological validity deals with to what degree the observed and described phenomena in a study reflects the performance that really occurs in natural environment

Can the findings from a study be generalized into the real world (such as your clinic)



A majority of the respondents perceived their participation as sufficient in most activities

J Rehabil Med. 2008 Aug;40(8):659-64.
Lund ML, Lexell J

Nottingham Health Profile NHP

The Netherlands
Sweden

Short Form 36 SF 36

The Netherlands
Sweden



Bulletin of the Czech **Polio** Survivors' Association

Purpose in life is associated with less perceived decline in health.

Purpose in life is predictive of better quality of life despite levels of physical and mental impairment.

Rehabil Nurs 2006 Jul-Aug;31(4):149-54
Harrison TC, Stuifbergen AK.

Professional Directed

SF 36

Impairment

Activity

Quality of

Limitation

NHP

Participation

Life

Person Directed

The person opinion in questionnaire development



The person as an expert







Thank you!

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